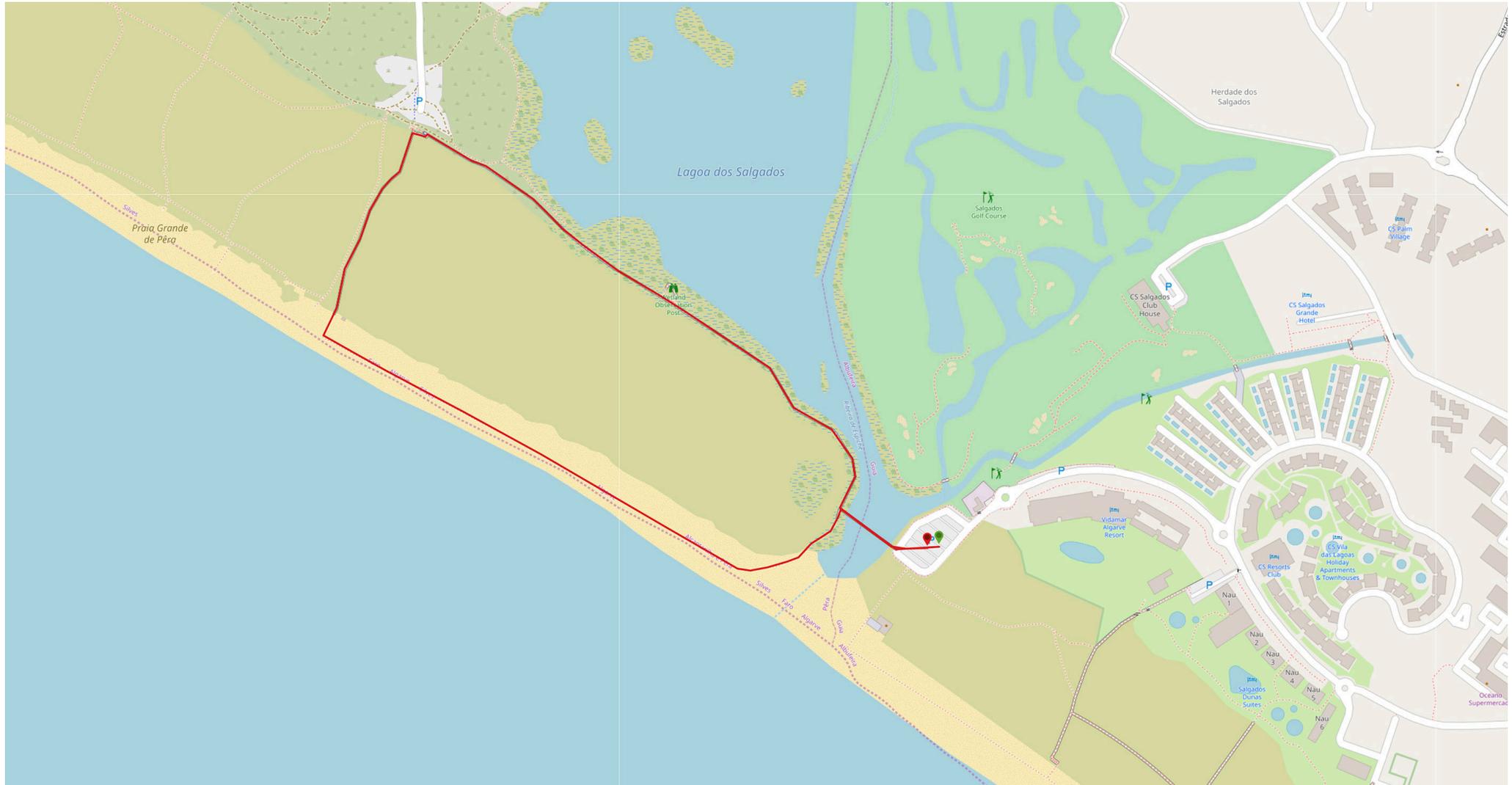


# Bird life on the Salgados Lagoon

Walk 7

Distance: 2km



 - Walk

Disclaimer: This route was correct at time of writing. However, alterations can happen if development or boundary changes occur, and there is no guarantee of permanent access. These walks have been published for use by site visitors on the understanding that neither HPB Management Limited nor any other person connected with Holiday Property Bond is responsible for the safety or wellbeing of those following the routes as described. It is walkers' own responsibility to be adequately prepared and equipped for the level of walk and the weather conditions and to assess the safety and accessibility of the walk.

# Bird life on the Salgados Lagoon

Walk 7

Distance: 2km

Start/car parking:  
Salgados wetlands sand dunes

**Note: It would be a great help to future walkers if you could record any inaccuracies you come across during this walk and report them to reception so that appropriate amendments can be made. Thank you for your help. Happy walking.**

## WALK

Take the road out of Rocha Brava going straight ahead in the direction of Benagil. At the T junction, turn left and at the roundabout, turn right. At the next roundabout turn left towards Lagoa and then take the first turn signposted to Vale de Rei. This road will take you past 'Poppy's Restaurant' and the Quinta do Rosal development. You will then reach a T junction where you turn left and this road will bring you to a junction on the EN 125 with traffic lights. Turn right.

Travel along the EN 125, straight on at the large and small roundabouts before Alcantarilha, straight on at the next smaller roundabout (Aldi supermarket off to the right) and then turn right at the next roundabout, in the direction of Armacao de Pera. Go straight on at the first roundabout and turn left at the second one. (This road bypasses the village of Pera). At the following roundabout take the exit to the right and finally at yet another roundabout take the exit to the right signposted to 'Carlos Beach Bar'. Follow this country lane, swing right onto a gravel track when the tarmac ends (straight on leads to Salgados wetlands so if you are there just for the bird watching go this way) through a disused farmyard, till it brings you to the sand dunes, where you should park alongside a low post and rope fence.

The walk starts by following the fence back to turn right behind the sand dunes and continue onto a car parking space, where a wooden bridge crosses the dunes to the beach. By now you will have seen the lagoon and got your bearings. Down to the water's edge to spot *flamingo*, *black winged stilts* and *the rare purple gallinule*. A bit further on there is a viewing platform to scale and where friendly bird watchers will point out many other species which use this first or last landfall on their migratory journey.

Continue the walk to the end of the lagoon, where it occasionally breaks out into the sea, thus preventing you crossing over to the beach bar, (open first week in February) to obtain refreshments.

**\*\* We usually walk back along the beach to cross the wooden bridge and trace our steps back to the car.**

*Happy walking.*