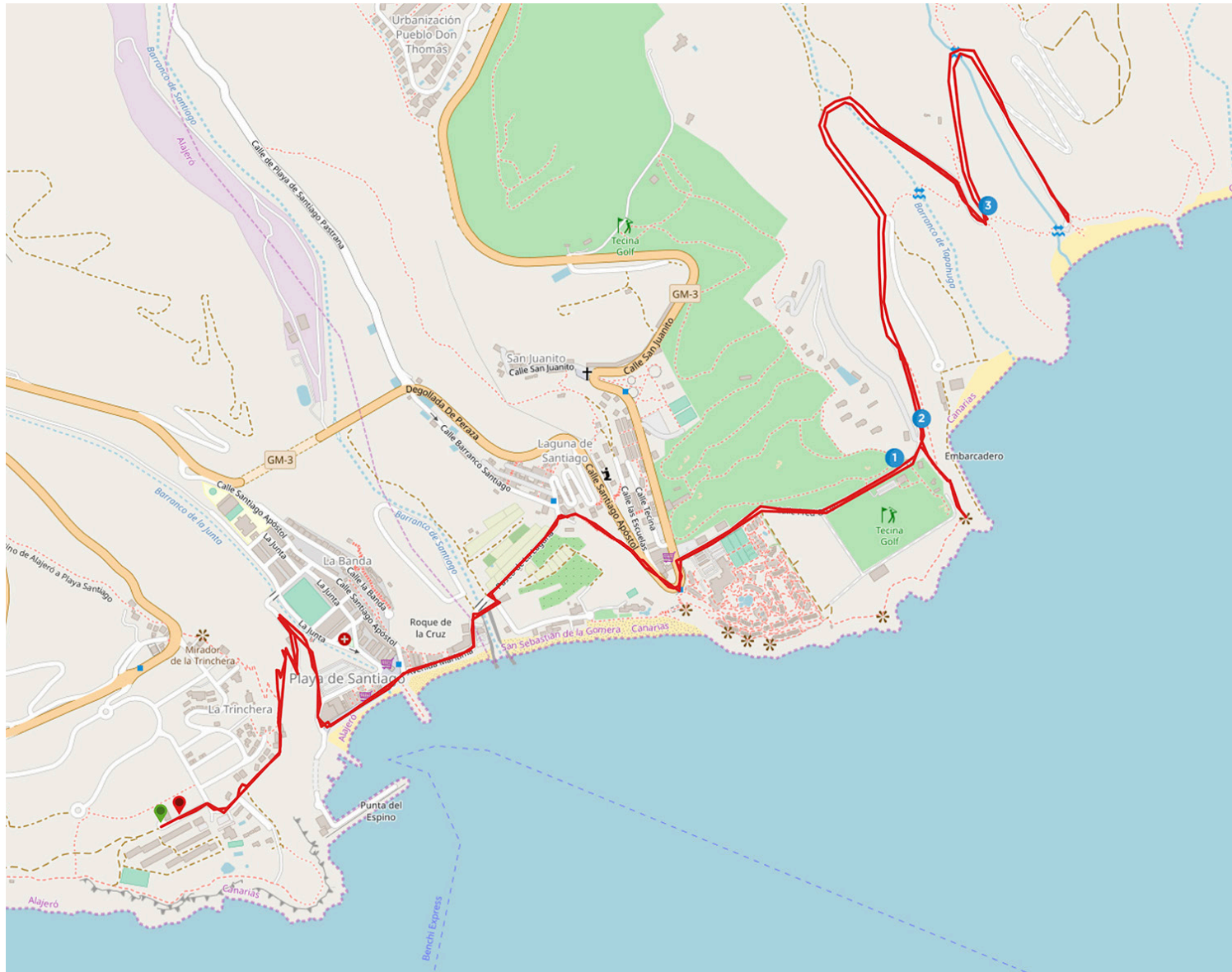


# Medio Beach

## Walk 1

**Distance** - According to the starting place the return distance varies from 6¼ to 3¾ miles. **Rise and Fall:** Maximum of approximately 1,000ft. Reduced by starting from b) or c) below.



 - Walk

Disclaimer: This route was correct at time of writing. However, alterations can happen if development or boundary changes occur, and there is no guarantee of permanent access. These walks have been published for use by site visitors on the understanding that neither HPB Management Limited nor any other person connected with Holiday Property Bond is responsible for the safety or wellbeing of those following the routes as described. It is walkers' own responsibility to be adequately prepared and equipped for the level of walk and the weather conditions and to assess the safety and accessibility of the walk.

# Medio Beach

## Walk 7

**Distance** - According to the starting place the return distance varies from 6¼ to 3¾ miles. **Rise and Fall:** Maximum of approximately 1,000ft. Reduced by starting from b) or c) below.

**A rare opportunity for a coastal walk, along tracks which are almost all broad and easy underfoot. The rise and fall is not excessive and (unless a short cut is used) there are no steep gradients. The beach, Playa del Medio, is stony but the surroundings are attractive. The beach is popular with those who like to swim and to sunbathe unfettered by clothing.**

### Start:

A start can be made:

- a) directly from El Balcon de Santa Ana or
- b) from Playa de Santiago or
- c) from a parking area close to the Hotel Tecina

### Refreshments:

The only refreshment opportunities are the bars in Playa de Santiago or the Hotel Tecina

**Note:** It would be a great help to future walkers if you could record any inaccuracies you come across during this walk and report them to reception so that appropriate amendments can be made.

*Thank you for your help and happy walking.*

From El Balcon de Santa Ana take the standard route on the concrete path steeply down the valley side to the sea front in Playa de Santiago. Turn left along the sea front road towards the car parking area which is our second possible starting point. Continue past the banana plantations, crossing the dry river bed. At the Laguna suburb, go up the steps to the right of the Tecina Minimarket, then fork right to rise steeply up steps, which lead up to the main road, (alternatively, follow the road as its zig zags up through Laguna provides a more gentle gradient). Turn right at the main road, follow it round the bend, then turn right at the junction signposted to the Tecina Hotel and the beaches. Pass the hotel entrance, then a wide section of road which provides a parking area for our third (and easiest) starting option. There is also the Golf Club House on the right as you pass Hotel Techina.

**1.** Head east along the road where you will pass the golf course on your left and banana plantation on your right. Do not enter the plantation or the rough roads next to it as both are private property. Continue along the wide road leaving the golf practicing range and the golf club house on your right. After you go under the overhead bridge you will reach a view point - Punta de la Herradu. The Tapahuga beach and bay are down below.

**A second option is to:** Enter the Tecina Hotel and in the far left corner near the cliff (next to room nr. 406) a beautiful costal path starts with spectacular views to Tenerife. It takes you around the driving range of the Tecina Golf Club (about 15 minutes' walk). It joins the pavement of the road that takes you to the Tapahugua Beach.

**2.** The road turns left to head inland, descending gently towards the back of the bay, with lovely mountain views. At the junction, a track to the right descends to Tapahuga beach, a possible alternative destination. For Playa del Medio continue along the rough road, passing an informal car parking area before bearing right to ascend the far side of the valley (there is a short cut - look for a narrow footpath on the right 40 yards after the junction. Descend a few rudimentary steps, cross the bed of the water course and ascend the valley side on a steep rough path between low walls. Rejoin the main track and turn right).

**3.** The ridge between valleys is soon reached, with a first view of Medio beach. (Ignore the minor path which descends directly and steeply but there is a good, slightly discontinuous, path to the headland on the right which makes a pleasant diversion). The roadway continues down the valley (Barranco Biquillo) side before crossing the stream bed and looping back to descend to the beach, where there are shallow caves and rock formations.

**Return by same route (with variations if desired).**

**Updated March 2019**