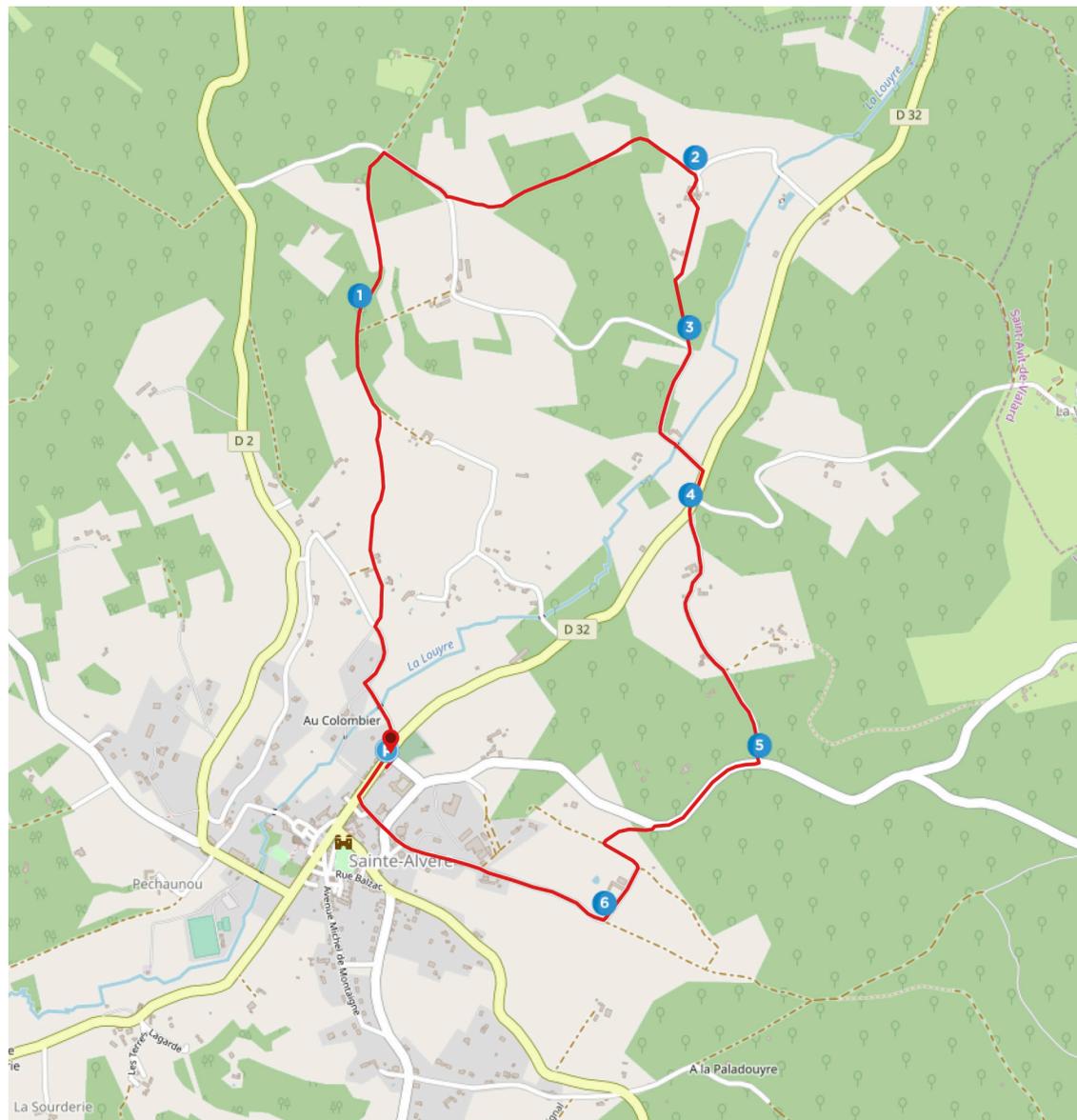


# Sainte Alvère

Distance - 6½ km (4 miles) 1½ hours **Map:** IGN, Série Bleue 19360, Lalinde 1:25,000.



 - Walk

Disclaimer: This route was correct at time of writing. However, alterations can happen if development or boundary changes occur, and there is no guarantee of permanent access. These walks have been published for use by site visitors on the understanding that neither HPB Management Limited nor any other person connected with Holiday Property Bond is responsible for the safety or wellbeing of those following the routes as described. It is walkers' own responsibility to be adequately prepared and equipped for the level of walk and the weather conditions and to assess the safety and accessibility of the walk.

# Sainte Alvère

## Walk 7

**Distance** - 6½ km (4 miles) 1½ hours **Map:** IGN, Série Bleue 19360, Lalinde 1:25,000.

A good circuit with a mixture of woodland and agricultural countryside on both sides of the river Louyre, using broad tracks and minor roads. Steady but not steep ascents; possibly some mud in wet weather. Ste Alvère is a modest little town, with shops, bars, the ruins of a château, some attractive old buildings, a Monday morning market and a tourist office.

**Start/car parking** - Car park by the cemetery on the east side of the village. Take the D32 along the Louyre valley, leading directly to Ste Alvère, and follow it through the village. At the far end of the village turn right just after the petrol station. The car park is immediately to your right, hidden between hedges.

**Refreshments** - Restaurant, bar and shops in the village.

**Note:** It would be a great help to future walkers if you could record any inaccuracies you come across during this walk and report them to reception so that appropriate amendments can be made. Thank you for your help.

*Happy walking.*

## WALK

From the carpark turn left and walk back to the main road. Turn right and immediately left again. Follow this small road across the Louyre and then rising. When you arrive upon a built-in cave in a stone wall, turn right and follow a narrow path. Go straight on between properties and, further on, fields. When a track joins the path from the right, go on straight on a grassy track (green marks)

1. In the woods, go straight on until you arrive at a crossroads of big tracks, just after a house. Turn right, and after about 150m turn left into a smaller track (that can be muddy) between fields. When arriving in a chestnut forest the track becomes deeply rutted. Follow it until you arrive at a small road.
2. Here turn right, into the hamlet of Fromprigonde and through it, passing some ruined houses and slowly descending into the valley. You arrive at a somewhat larger road where it has a sharp turn, go straight on. Just before you arrive here, to get to the Louyre, descend about 50m on a small track to your left; a good spot to picnic in the shade near the small river.
3. Follow the road parallel to the Louyre stream sometimes visible between the trees and bushes that border it. After a pigeonnier (pigeon tower) and some houses it turns left and you cross the Louyre.
4. Cross the D32 (take care, fast driving!) and turn right. Take after about 100m the second road to your left and follow this for about 800m, gently rising through a mostly wooded area, until you arrive at a slightly bigger road.

5. Here turn right. Follow the road for nearly 400m and then turn left at an angle into a broad unhardened track, rising, with firs beside it. At the end turn left (the lane at your right goes towards a house) and then after 100m right.

6. Keep the farm at your right, and after that turn right into a small road that leads you again into the village. On arrival at a larger road (the school is on your right) you cross it and descend a narrow and rather steep alley between houses. When you arrive at the main road (D32) turn right until, after the petrol station, you find again the car park. (If you turn left, you arrive in the centre of the village with some interesting old streets and buildings and a public garden.)