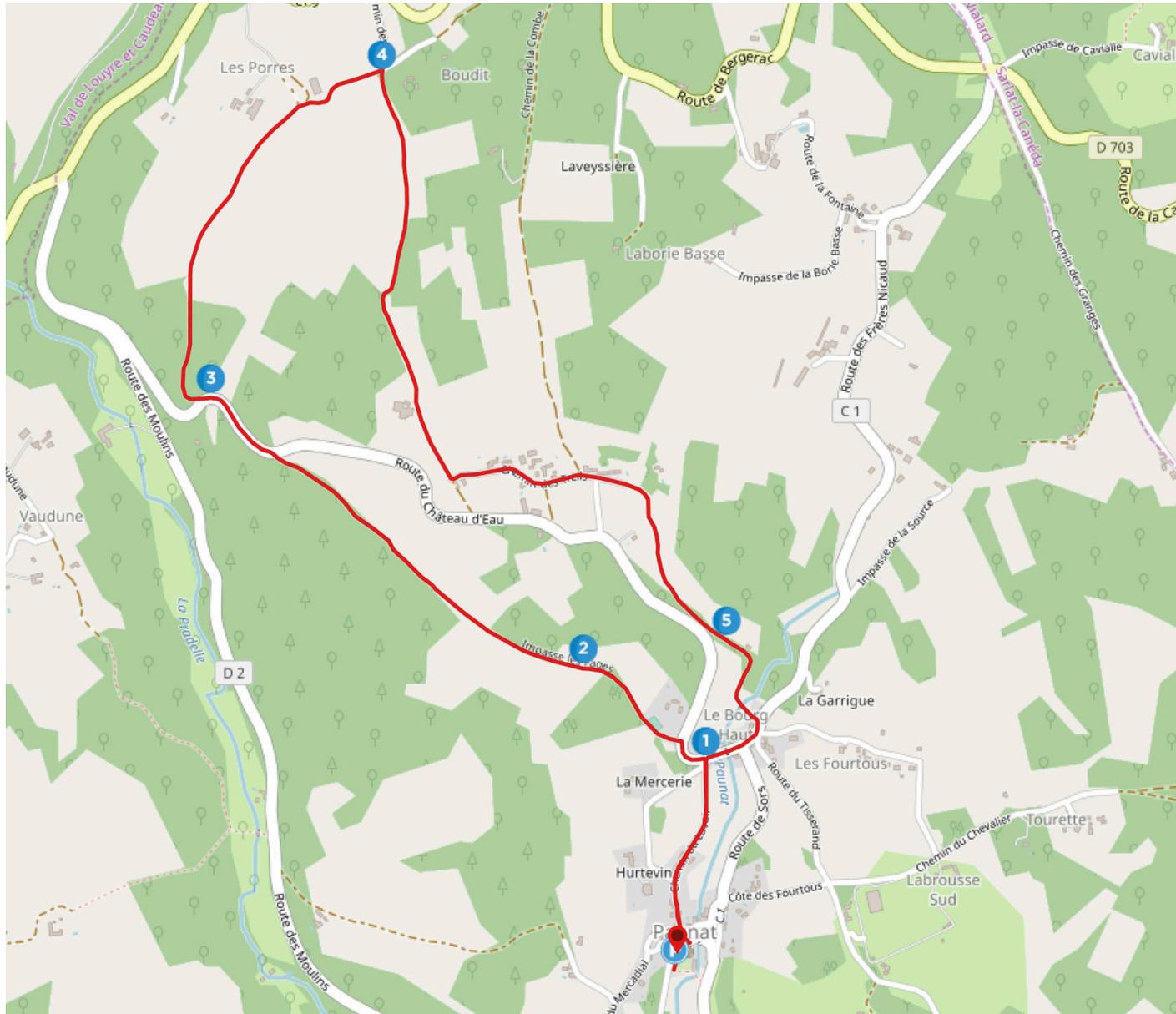


# Paunat

**Distance** - About 7½km (4½ miles) 1¾ hours **Map:** Institut Géographique National, Série Bleu, 19360, Lalinde, 1:25,000.



 - Walk

Disclaimer: This route was correct at time of writing. However, alterations can happen if development or boundary changes occur, and there is no guarantee of permanent access. These walks have been published for use by site visitors on the understanding that neither HPB Management Limited nor any other person connected with Holiday Property Bond is responsible for the safety or wellbeing of those following the routes as described. It is walkers' own responsibility to be adequately prepared and equipped for the level of walk and the weather conditions and to assess the safety and accessibility of the walk.

# Paunat

## Walk 10

**Distance** - About 7½km (4½ miles) 1¾ hours **Map:** Institut Géographique National, Série Bleu, 19360, Lalinde, 1:25,000.

A charming walk, partly through woodland and partly on a plateau with wide views, close to Paunat, which is situated a short distance to the north of the River Dordogne, close to the well-known riverside villages of Mauzac, Limeuil and Trémolat. Paunat is a quiet village, dominated by a great abbey church of the 12th century, much restored in the 15th century. Very little else remains of the abbey, but the adjacent houses of golden stone with dark roofs, rise most attractively in terraces among tiny waterways.

**Start/car parking** - Plenty of space by the Mairie

**Refreshments** - Restaurant in Paunat. Cafés/bars in Limeuil are not far away.

**Note:** It would be a great help to future walkers if you could record any inaccuracies you come across during this walk and report them to reception so that appropriate amendments can be made. Thank you for your help.

*Happy walking.*

## WALK

Walk towards the church and turn right, with the neat lavoir on the left. Fork right in 40 m, steeply uphill on a tiny road, with good views over the village. After about 400 m you reach a stone wayside cross.

1. In 20 metres, just after an entranceway to a house, turn left at a surfaced road rising and bending to the right. In less than 100 m turn left along a broad unsurfaced track.
2. After a few hundreds metres, just before a pine plantation near the road, turn right into a small grassy path. Between the pine trees on your left you notice a pigeon tower. The narrow path soon improves, rising among the trees and bending left, then to join a surfaced road above the hamlet of Les Treils. Now very much on the plateau, turn left towards the prominent water tower, and then, in 15 m turn right along the roadway signposted 'les Treils'. Pass a junction and then farm buildings on the left as the road loses its surface. Continue ahead along this old lane which has, in the past, had a stone surface. Wide views.
3. Pass a house set back on the right at a high point of the plateau, and turn right past it, just as the roadway begins to descend. Follow another good, wide, track.

4. Reach the D703 road but, immediately before the road, turn sharp right to follow a small surfaced road. When you arrive at the entrance gate of a house bear slightly left, downhill, on an unsurfaced track. Les Treils soon comes into view ahead. Pass the hamlet to join a surfaced small road. Turn left, then, in a few metres at a crossroad, go straight ahead, with houses on the left; the road becomes a track. In a further 100 m or so, at a cross set back on your left, bear right at a fork. (*When you turn left just before the cross, in 50 m you reach a lavoir, one of the sources of the Paunat stream*). The grass path is now rather lushly grown, along the right side of a small valley. Meet a wider track and turn right, reaching buildings and then the road. At the crossroad before you, take the small road at an angle rising towards Les Fontenelles.

5. After the houses you have a view on the Paunat valley on your right hand. At a crossroad, turn right and descend into Paunat.

**Norman & June Buckley**